

Sacroiliac Joint Steroid Injection



Overview

This injection procedure is performed to relieve pain caused by arthritis in the sacroiliac joint where the spine and hip bone meet. The steroid medication can reduce swelling and inflammation in the joint.

Sacroiliac Joint Located

The patient lies face down. A cushion is placed under the stomach for comfort and to arch the back. The physician uses touch and a fluoroscope to find the sacroiliac joint.

Anesthetic Injected

A local anesthetic numbs the skin and all the tissue down to the surface of the sacroiliac joint.

Needle Inserted

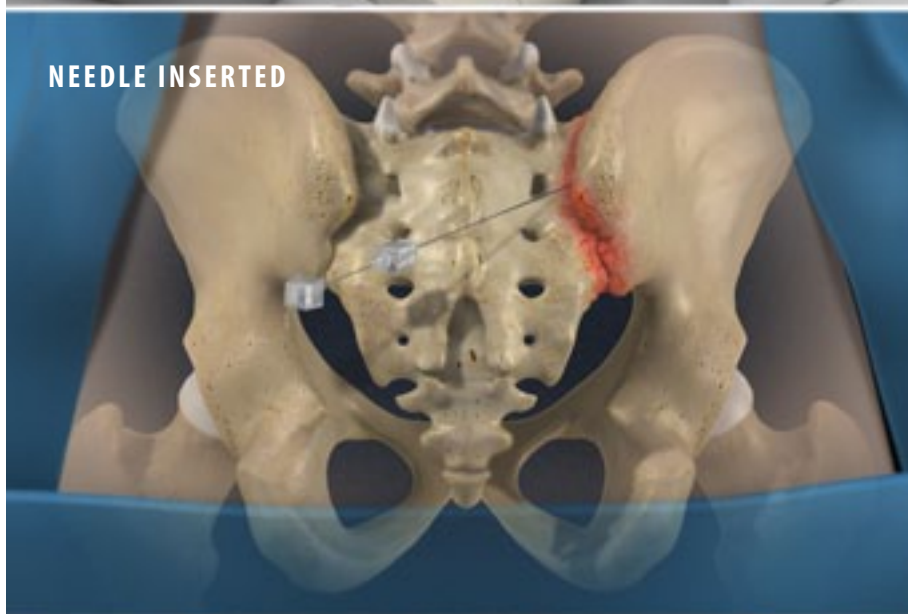
The physician advances a needle through the anesthetized track and into the sacroiliac joint.

Steroids Injected

A steroid-anesthetics mix is injected into the sacroiliac joint, bathing the painful area in medication.

End of Procedure

The needle is removed, and a small bandage is used to cover the tiny surface wound.



- 1.If you are taking any blood thinners, you may continue to take these prior to your procedure. There is NO need to discontinue these medications.
- 2.Notify staff of any allergies: iodine, anesthetic, seafood, steroids, latex or contrast dye
- 3.Following your procedure, apply ice for 20 minutes every 1-2 hours.
- 4.If you encounter soreness after your procedure and are able to take NSAIDS (Ibuprofen, Aleve, Meloxicam you may do so. Please follow medication directions on dosage and how often you may take these.



If you have any questions following your procedure or experience any complications please, call our office.