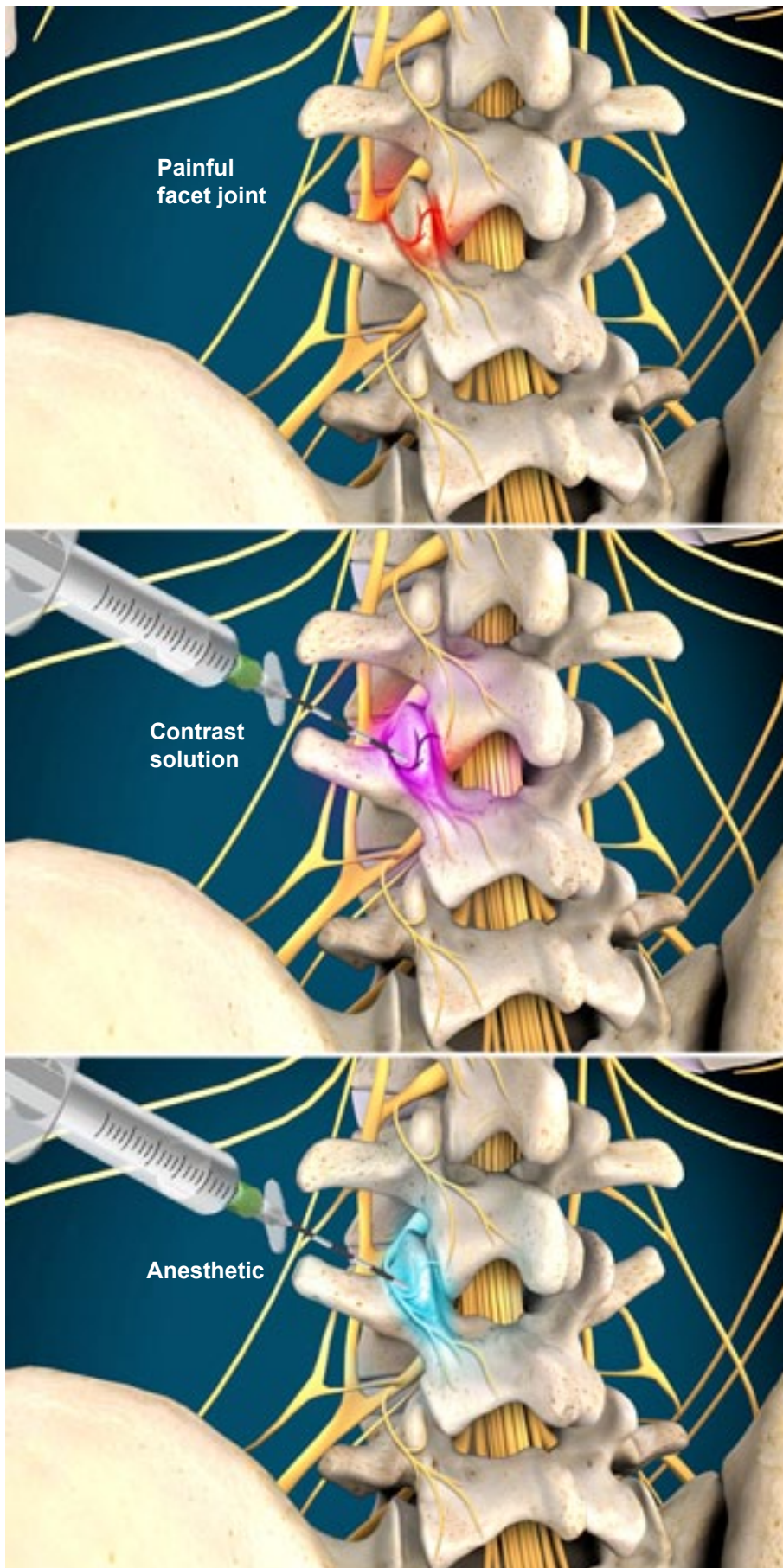


## Medial Branch Block



### Overview

This diagnostic procedure is performed to identify a painful facet joint. The facet joints are the joints between the vertebrae in the spine. They allow the spine to bend, flex and twist.

### Preparation

In preparation for the procedure, the patient is positioned on his stomach. The physician injects a local anesthetic. This numbs the skin and tissue around the facet joint that is suspected of causing the patient's pain.

### Contrast Dye Injected

Once this tissue is numb, the physician inserts a needle into the skin. The needle is carefully guided down to the facet joint. The physician injects a contrast solution through this needle. The contrast solution helps the physician see the area on a camera called a fluoroscope. The fluoroscope provides live x-ray images. The physician uses the fluoroscope to confirm the location of the needle's tip.

### Anesthetic Injected

Once the physician has confirmed that the needle is positioned correctly, the physician attaches a syringe containing an anesthetic medication. This medication is injected around small nerves called the medial branch nerves. These carry signals to and from the facet joints. The anesthetic will temporarily block sensation in these nerves.

### End of Procedure

If the temporary injection relieves the patient's pain, the physician may inject a more long-lasting anesthetic. If the temporary injection does not relieve the pain, the physician may test nearby facet joints to identify the correct one.

1. If you are taking any blood thinners, you may continue to take these prior to your procedure. There is NO need to discontinue these medications.
2. Notify staff of any allergies: iodine, anesthetic, seafood, steroids, latex or contrast dye
3. Following your procedure, apply ice for 20 minutes every 1-2 hours.
4. If you encounter soreness after your procedure and are able to take NSAIDS (Ibuprofen, Aleve, Meloxicam you may do so. Please follow medication directions on dosage and how often you may take these.

If you have any questions following your procedure or experience any complications please, call our office.