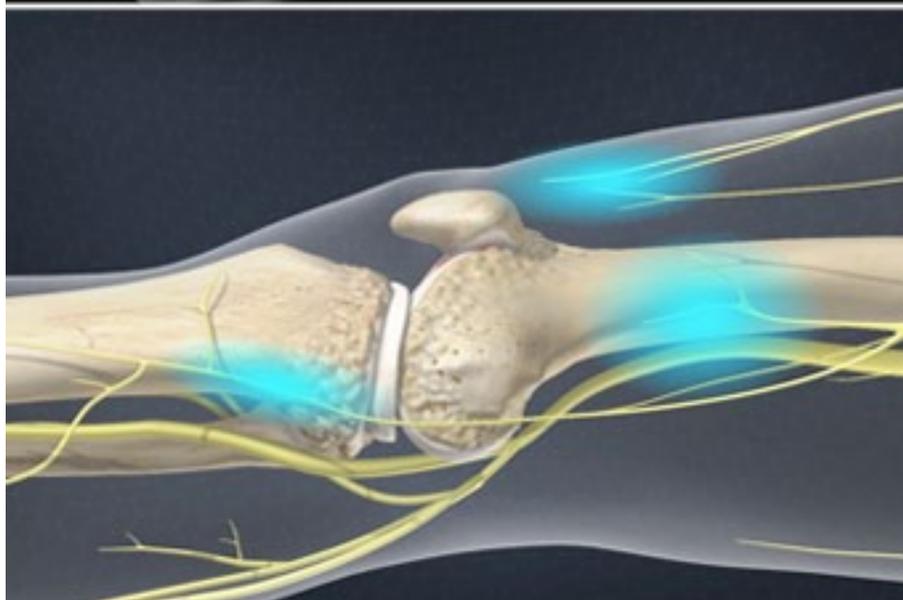
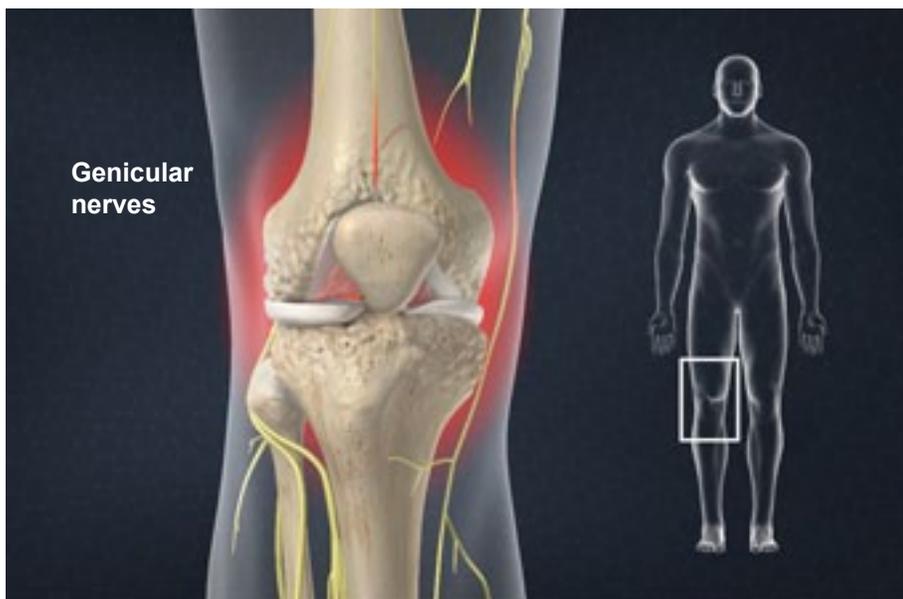


Genicular Nerve Block (G Block)



Overview

This outpatient procedure is an injection of anesthetic to the genicular nerves. These are the sensory nerves that transmit pain signals from the knee to the brain. Anesthetizing these nerves can disrupt the pain signals caused by degeneration of the knee. A genicular nerve block can provide temporary pain relief. It may help determine if a patient is a candidate for nerve ablation, which can provide long-term pain relief.

The Procedure

In preparation for the procedure, the skin of the knee is cleansed and sanitized. The injection sites are numbed with a local anesthetic. Using a fluoroscope (a type of x-ray device that shows video images from within the body), the physician carefully guides a needle to one of the targeted nerves. An anesthetic mixture is injected through this needle to numb the nerve. The physician repeats the injection at two more locations to numb three of the genicular nerves.

End of Procedure

When the procedure is complete, the injection sites are bandaged. The patient is allowed to go home. The patient will be able to walk normally, and should feel immediate pain relief.

1. If you are taking any blood thinners, you may continue to take these prior to your procedure. There is NO need to discontinue these medications.
2. Notify staff of any allergies: iodine, anesthetic, seafood, steroids, latex or contrast dye
3. Following your procedure, apply ice for 20 minutes every 1-2 hours.
4. If you encounter soreness after your procedure and are able to take NSAIDS (Ibuprofen, Aleve, Meloxicam) you may do so. Please follow medication directions on dosage and how often you may take these

If you have any questions following your procedure or experience any complications please, call our office.